



Didcot 5 Sunday 1st July

Entry Information for runners

Facilities and Race HQ

Toilets, changing facilities and limited parking can be found at Willowbrook Leisure Centre, Bowmont Water, off Avon Way, Didcot, Oxfordshire, OX11 7AF.

Number collection and on the day entries will be on the field behind the Willowbrook Leisure Centre/Didcot Football Club, next to the start/finish.

Parking

Please note parking is limited at the Willowbrook Leisure Centre. Please consider walking, cycling, car sharing, or using public transport. Didcot Parkway train station is a short walk from the race start. If you do drive, please allow enough time to find alternative parking.

Directions by Car

From the A34 follow the signs to Didcot, after approx. 2 miles take a left at the 1st roundabout (following signs to Wallingford A4130), go straight across the next 3 roundabouts. At the 4th roundabout take the second exit down Avon Way. Follow to the mini roundabout at the end, go straight across into Bowmont Water and the Willowbrook Leisure Centre is the 1st left turn.

From Wallingford direction – follow the signs for Didcot. At the Tesco roundabout head straight across, at the next roundabout take a right onto the Abingdon Road (following signs for Wantage A4130). Go across the next roundabout and take a left at the next junction on to A4130 (following signs for Oxford A4130 and A34). Head straight across the first roundabout on the A4130 and take a left turn on to Avon Way at the second roundabout. At the end of Avon Way go straight across the mini roundabout on to Bowmont Water and the Willowbrook Leisure Centre is the first turning on the left.

From the Train station turn left and follow the pavement until you reach a railway bridge (Cow Lane), head underneath the bridge, crossing the road when you are through the bridge, you will see the field on the left hand side. To find Willowbrook Leisure Centre head across the field and behind the tennis courts and you will see the leisure centre. If you are lost please ask any of our marshals for help.

Changing and bags

We have access to toilets and showers at the leisure centre but none at the start/finish line. There is no formal bag drop but we may be able to keep an eye on a limited number of bags at the registration area. All bags are left at the owner's own risk and we advise that no valuables are left in unattended bags.





First Aid

First Aid will be provided by Alpha-Care – they will be based at the start/finish area.

Water station/refreshments

Water is provided at the start/finish and halfway around the 5 mile course. There will be a coffee van and ice cream van at the start/finish.

Timetable of events

0800 – Willowbrook Leisure Centre opens.

0810 – On the day race entries and race number collection opens.

0900 - 5 mile race REGISTRATION FOR ON-THE-DAY ENTRIES CLOSES. Please be aware we will have a strict 9am cut off time for registration. Number collection for pre-registered runners will remain open.

0910 – Warm up with Mel.

0930 – 5 mile race starts.

1015 – Fun run registration closes.

1045 – Fun run starts.

Main race prize presentation will take place at 11 am. Fun run prize presentation will take place after the fun run has finished.

Race numbers and chip timing

If you have entered in advance your race number will be available for you to collect from 0810 on race day from the race HQ on the field behind the Willowbrook Leisure Centre/Didcot Football Club. We are pleased to have chip timing again this year and you will be provided with your chip along with your race number. PLEASE REMEMBER TO RETURN YOUR CHIP AFTER YOU HAVE FINISHED THE RACE.

Please do not give your number or chip to another runner without contacting the race director and confirming the transfer. Runners found to be wearing the number/chip belonging to another person may be disqualified.

Age limits

Runners in the main 5 mile race must be 16 years or older on race day. There is no age limit for the 2 mile fun run but we ask that young children are accompanied.





Start/finish and course

The start/finish is a 5 minute walk from the leisure centre in the Ladygrove Park behind the leisure centre and football club. To get to the start, go through Didcot football training ground and head along the path towards the tennis courts and you will see the start/finish area. The course is a loop around the Ladygrove, mostly on cycle paths but with some road crossings. Please be aware the marshals are there to ensure a safe crossing, but are not authorised to stop traffic. Please be aware of other members of the public on the paths. HEADPHONES ARE NOT ALLOWED IN THE RACE.

Prizes

1st/2nd/3rd prize trophies to each female and male winners.

1st prize trophy in each age category to both male and female. Age categories – FV35, FV45, FV55 and MV40, MV50, MV60, please note there won't be any duplicate winners in the top 3 overall finishers and age categories. Medal for all finishers.

Fun Run – 1st prize trophy to each boy and girl in U16, U13, U11 and U9 categories. Medal for all finishers.

Sponsorship

We are pleased to announce that the 2018 Didcot 5 race is kindly sponsored by William Jones Estate Agents. We are extremely grateful for their support, without which we would not be able to put on the race. We would like to thank the following companies: Rowse Honey for additional sponsorship; Tesco for supplying bottled water; Willowbrook Leisure Centre for allowing us to use their facilities; Perpetual Childcare for sponsoring the fun run medals and trophies and Loose Cannon, Rowse, Miele, Cornerstone Arts Centre and Hamper.com for donating spot prizes.

GDPR

As in previous years, Barry Cornelius plans to take photographs of the Didcot 5 for publication on his website www.oxonraces.com and for possible use by the press. You will be able to download his photos free of charge. We will also have a club photographer. If you do not wish your image to appear as a significant part of any photograph published on the web or provided to the press, you should put a large thick red cross across your race number. If you are under 18, please ensure that your parent/carer are happy for photos of you taken at the race to be published on the web. If you or your parent/carer do not wish photos of you to be published on the web, please add a large thick red cross to your race number. Red markers will provided at the Race HQ for this purpose.

Fundraising

All proceeds of the race will be donated to charity. This year we will be supporting local charities; the Earth Trust and Style Acre.

Lastly please have a safe and enjoyable run from all at Didcot Runners and thank you for joining us for our annual Didcot 5 race.



Sponsored by:

